

Episode **591**

THE  
**SKEPTIC  
ZONE**  
PODCAST

9 February 2020

[www.skepticzone.tv](http://www.skepticzone.tv)

Homeopathic Q&A

The Good Thinking Society  
takes on homeopaths  
in the UK

Maynard at  
Sydney Skeptics in the Pub  
Gary Kennedy  
Lara Benham  
Trish Hann  
And more



1  
00:00:11,910 --> 00:00:09,110  
welcome to the skeptic zone the podcast

2  
00:00:13,920 --> 00:00:11,920  
from Australia for science and reason

3  
00:00:16,900 --> 00:00:13,930  
[Music]

4  
00:00:23,140 --> 00:00:16,910  
[Applause]

5  
00:00:25,940 --> 00:00:23,150  
[Music]

6  
00:00:30,410 --> 00:00:25,950  
hello and welcome to the skeptic zone

7  
00:00:32,960 --> 00:00:30,420  
podcast episode number 591 for the 9th

8  
00:00:40,040 --> 00:00:32,970  
of February 2022 night coming to you

9  
00:00:42,950 --> 00:00:40,050  
live from Sydney skeptics in the pub are

10  
00:00:45,680 --> 00:00:42,960  
you so spontaneous thank you very much

11  
00:00:47,110 --> 00:00:45,690  
on today's episode we have a special

12  
00:00:48,479 --> 00:00:47,120  
report on homeopathy

13  
00:00:52,470 --> 00:00:48,489

[Music]

14

00:00:55,110 --> 00:00:52,480

I recently when I was in the United

15

00:00:57,689 --> 00:00:55,120

States I came across a free booklet from

16

00:00:59,819 --> 00:00:57,699

the boron company which is a major

17

00:01:02,189 --> 00:00:59,829

supplier of homeopathy in the United

18

00:01:03,660 --> 00:01:02,199

States so a big report about that also

19

00:01:06,330 --> 00:01:03,670

coming up on this week's show

20

00:01:08,280 --> 00:01:06,340

Maynard at skeptics in the pub asking

21

00:01:19,680 --> 00:01:08,290

the big question tonight which is

22

00:01:22,919 --> 00:01:19,690

Maynard Maynard is going to be asking

23

00:01:26,370 --> 00:01:22,929

people about what is the craziest food

24

00:01:28,859 --> 00:01:26,380

you've ever eaten the strangest dish

25

00:01:34,139 --> 00:01:28,869

that you've eaten may not be doing that

26  
00:01:36,180 --> 00:01:34,149  
a bit later on the Japanese the Blowfish

27  
00:01:37,889 --> 00:01:36,190  
does may not all that's coming up on

28  
00:01:39,899 --> 00:01:37,899  
this week's episode but now it's time

29  
00:01:41,340 --> 00:01:39,909  
for me to run to the bar and have

30  
00:01:42,960 --> 00:01:41,350  
another drink and while I'm doing that I

31  
00:01:45,580 --> 00:01:42,970  
hope you at home enjoy this week's

32  
00:01:46,980 --> 00:01:45,590  
episode of the skeptic zone

33  
00:01:47,850 --> 00:01:46,990  
[Applause]

34  
00:01:50,290 --> 00:01:47,860  
[Music]

35  
00:01:57,680 --> 00:01:50,300  
[Applause]

36  
00:02:15,320 --> 00:01:57,690  
[Music]

37  
00:02:17,960 --> 00:02:15,330  
one of the pleasures I get when visiting

38  
00:02:21,520 --> 00:02:17,970

another country is to simply go shopping

39

00:02:24,110 --> 00:02:21,530

I guess it's the appeal of the exotic

40

00:02:26,509 --> 00:02:24,120

yes I know then in a supermarket in

41

00:02:28,640 --> 00:02:26,519

California I'm not going to find too

42

00:02:30,680 --> 00:02:28,650

much that is very different from what I

43

00:02:33,860 --> 00:02:30,690

might get in a supermarket in Sydney

44

00:02:35,780 --> 00:02:33,870

Australia nevertheless it is fun to buy

45

00:02:39,410 --> 00:02:35,790

products I normally cannot get at home

46

00:02:41,660 --> 00:02:39,420

root beer anyone not too long ago I

47

00:02:44,900 --> 00:02:41,670

found myself wandering the aisles of

48

00:02:47,750 --> 00:02:44,910

Whole Foods Market in Lafayette

49

00:02:50,600 --> 00:02:47,760

California it's sort of a supermarket

50

00:02:51,440 --> 00:02:50,610

for those who want to at least try to be

51  
00:02:54,170 --> 00:02:51,450  
more healthy

52  
00:02:58,520 --> 00:02:54,180  
maybe more mindful of the planet and

53  
00:02:59,960 --> 00:02:58,530  
other fuzzy feelings nevertheless I like

54  
00:03:02,690 --> 00:02:59,970  
the range of products on offer

55  
00:03:03,410 --> 00:03:02,700  
the cheese section in particular caught

56  
00:03:05,500 --> 00:03:03,420  
my eye

57  
00:03:08,720 --> 00:03:05,510  
it wasn't my nose

58  
00:03:12,150 --> 00:03:08,730  
[Music]

59  
00:03:15,240 --> 00:03:12,160  
then I came to the whole body aisle

60  
00:03:17,880 --> 00:03:15,250  
which was brimming on both sides with no

61  
00:03:20,880 --> 00:03:17,890  
end of vitamins and supplements amongst

62  
00:03:24,090 --> 00:03:20,890  
this dazzling range of Wonders including

63  
00:03:27,900 --> 00:03:24,100

organic wheat grass and green superfood

64

00:03:30,870 --> 00:03:27,910

was something called and I kid you not

65

00:03:33,830 --> 00:03:30,880

wellness formula then right at the

66

00:03:35,790 --> 00:03:33,840

corner on a prime shelf position

67

00:03:38,160 --> 00:03:35,800

companies pay more to have their

68

00:03:40,380 --> 00:03:38,170

products within easy reach was the

69

00:03:43,580 --> 00:03:40,390

product display and dispenser from the

70

00:03:47,660 --> 00:03:43,590

boron company who build themselves as

71

00:03:50,970 --> 00:03:47,670

world leader in homeopathic medicines

72

00:03:54,330 --> 00:03:50,980

boron has been in operation since 1932

73

00:03:56,580 --> 00:03:54,340

and I guess you could cut people living

74

00:04:00,240 --> 00:03:56,590

in the 30s a little slack for believing

75

00:04:02,490 --> 00:04:00,250

in homeopathy but in the 2020s the

76  
00:04:05,820 --> 00:04:02,500  
display was eye-catching and I'm sure

77  
00:04:07,830 --> 00:04:05,830  
many of my US listeners know exactly

78  
00:04:10,530 --> 00:04:07,840  
what I'm talking about as the same

79  
00:04:14,840 --> 00:04:10,540  
display can be found in many outlets

80  
00:04:19,280 --> 00:04:14,850  
across the country including pharmacies

81  
00:04:22,890 --> 00:04:19,290  
so I'm walking up to a pharmacy in

82  
00:04:28,100 --> 00:04:22,900  
California in the San Francisco Bay Area

83  
00:04:32,250 --> 00:04:28,110  
in the greater Bay Area it's a nice

84  
00:04:37,230 --> 00:04:32,260  
later winter's morning and this

85  
00:04:40,530 --> 00:04:37,240  
particular pharmacy is in the chain of C

86  
00:04:44,390 --> 00:04:40,540  
and we have a huge chain of pharmacies

87  
00:04:51,170 --> 00:04:47,570  
but I have found there's a big sign here

88  
00:04:53,270 --> 00:04:51,180

it says that CBS truth is an important

89

00:04:56,450 --> 00:04:53,280

ingredient we require that all

90

00:05:00,560 --> 00:04:56,460

supplements are third-party tested to

91

00:05:05,330 --> 00:05:00,570

contain what they claim the choices we

92

00:05:13,820 --> 00:05:05,340

make make CBS different tested to be

93

00:05:17,750 --> 00:05:13,830

trusted and here is some of the range

94

00:05:21,939 --> 00:05:17,760

from the byron company non-drowsy no

95

00:05:27,469 --> 00:05:21,949

drug interactions homeopathic medicine

96

00:05:30,620 --> 00:05:27,479

so much for their sign the small blue

97

00:05:33,650 --> 00:05:30,630

tubes of pills are displayed in a row

98

00:05:37,700 --> 00:05:33,660

and can be easily extracted for purchase

99

00:05:40,730 --> 00:05:37,710

not sure what medication you need each

100

00:05:43,370 --> 00:05:40,740

magazine tubes take one out and another

101  
00:05:46,520 --> 00:05:43,380  
one falls in its place is found under a

102  
00:05:50,510 --> 00:05:46,530  
helpful description for example there

103  
00:05:54,710 --> 00:05:50,520  
are pills for sudden hot flash sunstroke

104  
00:06:00,500 --> 00:05:54,720  
and headache glow no innum 30 C or even

105  
00:06:03,950 --> 00:06:00,510  
mild or low fever Ferrum 30 C and stage

106  
00:06:08,920 --> 00:06:03,960  
fright apprehension and fever go

107  
00:06:12,440 --> 00:06:08,930  
psyllium simple viren's 30 C sounds so

108  
00:06:15,230 --> 00:06:12,450  
scientific under this dispenser were

109  
00:06:18,050 --> 00:06:15,240  
piles of small booklets with the word

110  
00:06:22,060 --> 00:06:18,060  
free naturally I am picked up one for

111  
00:06:25,339 --> 00:06:22,070  
research so now I have in my possession

112  
00:06:28,100 --> 00:06:25,349  
what is more or less a sales catalog

113  
00:06:31,250 --> 00:06:28,110

booklet 20 centimeters by 9 centimeters

114

00:06:35,000 --> 00:06:31,260

and 40 odd pages not too big with the

115

00:06:37,310 --> 00:06:35,010

words free easy guide to homeopathic

116

00:06:39,770 --> 00:06:37,320

medicines now that got my attention

117

00:06:42,620 --> 00:06:39,780

right from the start as I was surprised

118

00:06:46,250 --> 00:06:42,630

to see the use of the word medicines and

119

00:06:47,960 --> 00:06:46,260

not something like remedies large

120

00:06:51,080 --> 00:06:47,970

pharmaceutical companies selling

121

00:06:55,700 --> 00:06:51,090

alternative medicine tend to use more

122

00:06:57,600 --> 00:06:55,710

weasel words like may assist or has been

123

00:07:00,149 --> 00:06:57,610

used or

124

00:07:02,339 --> 00:07:00,159

it's indicate but then again when they

125

00:07:04,800 --> 00:07:02,349

can get away with it they will call it

126

00:07:07,409 --> 00:07:04,810

whatever they can so I looked up the

127

00:07:12,149 --> 00:07:07,419

meaning of the word medicine in

128

00:07:16,709 --> 00:07:12,159

Webster's dictionary medicine now Men is

129

00:07:20,879 --> 00:07:16,719

sin pronunciation medicine British

130

00:07:25,830 --> 00:07:20,889

usually medicine definition of medicine

131

00:07:29,390 --> 00:07:25,840

1a a substance or preparation used in

132

00:07:33,409 --> 00:07:29,400

treating disease example cough medicine

133

00:07:39,499 --> 00:07:33,419

be something that affects well-being

134

00:07:43,290 --> 00:07:39,509

example he's bad medicine Zane Grey 2a

135

00:07:45,830 --> 00:07:43,300

the science and art of dealing with the

136

00:07:49,559 --> 00:07:45,840

maintenance of health and the prevention

137

00:07:53,089 --> 00:07:49,569

alleviation or cure of a disease example

138

00:07:57,119 --> 00:07:53,099

she's interested in a career in medicine

139

00:08:01,110 --> 00:07:57,129

be the branch of medicine concerned with

140

00:08:04,559 --> 00:08:01,120

the non-surgical treatment of disease 3

141

00:08:07,559 --> 00:08:04,569

a substance such as a drug or potion

142

00:08:11,909 --> 00:08:07,569

used to treat something other than

143

00:08:14,519 --> 00:08:11,919

disease for an object held in

144

00:08:16,980 --> 00:08:14,529

traditional American Indian belief to

145

00:08:21,149 --> 00:08:16,990

give control over natural or magical

146

00:08:25,920 --> 00:08:21,159

forces also magical power or a magical

147

00:08:27,959 --> 00:08:25,930

right well it looks like here at least

148

00:08:30,450 --> 00:08:27,969

the definition of the word medicine is

149

00:08:33,209 --> 00:08:30,460

somewhat more broad than I thought

150

00:08:35,459 --> 00:08:33,219

having regarded it as more or less a

151

00:08:37,980 --> 00:08:35,469

result of a scientific process in

152

00:08:42,329 --> 00:08:37,990

something that at the end of the day

153

00:08:45,540 --> 00:08:42,339

actually works I headed over to the

154

00:08:48,509 --> 00:08:45,550

boron web site and discovered tools to

155

00:08:51,389 --> 00:08:48,519

easily find my nearest stockist their

156

00:08:54,329 --> 00:08:51,399

product range their online store how you

157

00:08:57,060 --> 00:08:54,339

can download their app and links to most

158

00:08:59,040 --> 00:08:57,070

popular social media outlets Twitter

159

00:09:00,930 --> 00:08:59,050

Facebook and so on I checked their

160

00:09:05,130 --> 00:09:00,940

Twitter account and it seems to be

161

00:09:07,650 --> 00:09:05,140

updated many times a day yes it's a

162

00:09:11,040 --> 00:09:07,660

typical business website on the page

163

00:09:14,600 --> 00:09:11,050

labeled education and training

164

00:09:18,030 --> 00:09:14,610

found an embedded youtube video entitled

165

00:09:18,449 --> 00:09:18,040

boron manufacturing process it's worth a

166

00:09:22,019 --> 00:09:18,459

look

167

00:09:24,780 --> 00:09:22,029

and a giggle it's interesting that the

168

00:09:27,780 --> 00:09:24,790

video was shot in 4:3 size and not

169

00:09:30,720 --> 00:09:27,790

widescreen which means in all likelihood

170

00:09:32,400 --> 00:09:30,730

the video is somewhat old the video

171

00:09:34,380 --> 00:09:32,410

itself gives the impression that the

172

00:09:37,170 --> 00:09:34,390

whole process of manufacturing

173

00:09:39,870 --> 00:09:37,180

homeopathic pills is very scientific

174

00:09:42,000 --> 00:09:39,880

lots of people in lab codes taking

175

00:09:45,530 --> 00:09:42,010

measurements lots of very sophisticated

176

00:09:48,540 --> 00:09:45,540

looking scientific apparatus and so on

177

00:09:51,360 --> 00:09:48,550

but it does show the basic idea of

178

00:09:53,490 --> 00:09:51,370

homeopathy this process is sort of

179

00:09:55,889 --> 00:09:53,500

explained in the video once the

180

00:09:58,530 --> 00:09:55,899

homeopathic mother tincture or the first

181

00:10:01,829 --> 00:09:58,540

liquid dilution is obtained one can

182

00:10:04,680 --> 00:10:01,839

start the dilution process to do this

183

00:10:08,060 --> 00:10:04,690

one part of mother tincture is diluted

184

00:10:11,220 --> 00:10:08,070

in 99 parts of hydro alcoholic solution

185

00:10:14,190 --> 00:10:11,230

the liquid is then vigorously shaken in

186

00:10:17,100 --> 00:10:14,200

a calibrated device this process is

187

00:10:20,220 --> 00:10:17,110

called succussion the result is called

188

00:10:22,740 --> 00:10:20,230

1c it is then repeated to prepare the

189

00:10:25,500 --> 00:10:22,750

recurring delusions 30 times for

190

00:10:28,040 --> 00:10:25,510

instance to get a 30 say pellets are the

191

00:10:31,319 --> 00:10:28,050

usual form of homeopathic medicines

192

00:10:33,569 --> 00:10:31,329

multi dose tubes contain large granules

193

00:10:36,630 --> 00:10:33,579

and unit dose tubes contain small

194

00:10:38,790 --> 00:10:36,640

globules the video goes on to show that

195

00:10:41,010 --> 00:10:38,800

the finished solution and we would have

196

00:10:43,980 --> 00:10:41,020

to imagine it contains none of the

197

00:10:48,360 --> 00:10:43,990

original plant or minerals is sprayed

198

00:10:49,340 --> 00:10:48,370

onto sugar pills yes it's as bizarre as

199

00:10:54,060 --> 00:10:49,350

it sounds

200

00:10:57,060 --> 00:10:54,070

many many many more videos can be found

201  
00:10:59,519 --> 00:10:57,070  
at the boron youtube channel with clips

202  
00:11:02,100 --> 00:10:59,529  
going back 12 years or at least that's

203  
00:11:04,380 --> 00:11:02,110  
when the first one was uploaded here we

204  
00:11:07,590 --> 00:11:04,390  
also find glowing recommendations for

205  
00:11:10,319 --> 00:11:07,600  
boron's homeopathic range from people

206  
00:11:12,030 --> 00:11:10,329  
with many letters after their name one

207  
00:11:21,350 --> 00:11:12,040  
of these people is homeopathy

208  
00:11:23,680 --> 00:11:21,360  
joette calabrese h m c CC h RS h om na

209  
00:11:27,520 --> 00:11:23,690  
so many letters

210  
00:11:30,750 --> 00:11:27,530  
after a bit of hunting I discovered H MC

211  
00:11:34,030 --> 00:11:30,760  
this designation was awarded to Jo it in

212  
00:11:37,210 --> 00:11:34,040  
1998 after having studied two years in

213  
00:11:38,500 --> 00:11:37,220

class with master homeopathy Lewis Kline

214

00:11:41,470 --> 00:11:38,510  
of Canada

215

00:11:44,610 --> 00:11:41,480  
it stands for homeopathic master

216

00:11:50,340 --> 00:11:44,620  
clinician and as a post graduate degree

217

00:11:53,110 --> 00:11:50,350  
hmm h HC this stands for certified

218

00:11:57,190 --> 00:11:53,120  
classical homeopathy through the Council

219

00:12:00,670 --> 00:11:57,200  
of homeopathic certification C HC it

220

00:12:03,160 --> 00:12:00,680  
means Jo it is a member of an accredited

221

00:12:05,200 --> 00:12:03,170  
organization that is dedicated to

222

00:12:07,810 --> 00:12:05,210  
maintaining high standards of homeopathy

223

00:12:09,220 --> 00:12:07,820  
in North America requirements for

224

00:12:12,610 --> 00:12:09,230  
admission are rigorous

225

00:12:15,300 --> 00:12:12,620  
they include proof of completed college

226

00:12:18,400 --> 00:12:15,310

a postgraduate schooling in homeopathy

227

00:12:20,620 --> 00:12:18,410

member recommendation minimum five years

228

00:12:22,870 --> 00:12:20,630

clinical experience with notarized

229

00:12:25,840 --> 00:12:22,880

confirmation letters professional

230

00:12:28,620 --> 00:12:25,850

references written and oral exams essays

231

00:12:34,360 --> 00:12:28,630

written proof of cases and peer review

232

00:12:36,280 --> 00:12:34,370

rs h om na stands for registered member

233

00:12:39,010 --> 00:12:36,290

of the north american society of

234

00:12:42,010 --> 00:12:39,020

homeopathy and we also have an extra one

235

00:12:44,440 --> 00:12:42,020

in a sh requirements

236

00:12:47,200 --> 00:12:44,450

proof of completion of the

237

00:12:49,600 --> 00:12:47,210

above-mentioned education and adherence

238

00:12:52,450 --> 00:12:49,610

to the rules and ethics of practice all

239

00:12:55,180 --> 00:12:52,460

this for practicing something based on

240

00:12:58,210 --> 00:12:55,190

magical thinking and doesn't even work

241

00:13:01,600 --> 00:12:58,220

but that's her career and i dare say her

242

00:13:04,390 --> 00:13:01,610

life she is a homeopathy so to her it

243

00:13:08,650 --> 00:13:04,400

must all make sense and works without a

244

00:13:12,340 --> 00:13:08,660

shadow of a doubt but it seems for her

245

00:13:15,040 --> 00:13:12,350

and her ilk the Wolves might be howling

246

00:13:16,930 --> 00:13:15,050

up the door for when I visited her web

247

00:13:19,329 --> 00:13:16,940

site I noticed a link right at the top

248

00:13:21,610 --> 00:13:19,339

of the page that takes you to another

249

00:13:26,200 --> 00:13:21,620

website with a flyer you can download

250

00:13:28,750 --> 00:13:26,210

and pass around save homeopathy the FDA

251  
00:13:30,640 --> 00:13:28,760  
is proposing rules for homeopathy that

252  
00:13:34,000 --> 00:13:30,650  
could regulate it out of existence

253  
00:13:37,060 --> 00:13:34,010  
please go to our website and submit a

254  
00:13:40,510 --> 00:13:37,070  
comment to the FDA and your represent

255  
00:13:43,270 --> 00:13:40,520  
lives in DC it only takes a minute share

256  
00:13:47,230 --> 00:13:43,280  
with your friends and family deadline

257  
00:13:49,480 --> 00:13:47,240  
March 23 2020 this might be worth

258  
00:13:51,670 --> 00:13:49,490  
keeping an eye on but it's not only

259  
00:13:54,580 --> 00:13:51,680  
homeopaths making an appearance in the

260  
00:13:57,580 --> 00:13:54,590  
long list of videos we have people who

261  
00:14:00,510 --> 00:13:57,590  
remind me of something James Randi once

262  
00:14:03,910 --> 00:14:00,520  
told me no matter how crazy the idea

263  
00:14:06,970 --> 00:14:03,920

you'll always find a PhD who supports it

264

00:14:09,760 --> 00:14:06,980

a case in point on the videos from Jim

265

00:14:13,300 --> 00:14:09,770

Morelli a registered pharmacist from

266

00:14:16,080 --> 00:14:13,310

Massachusetts and Ken REDCROSS MD from

267

00:14:19,990 --> 00:14:16,090

New York both men are happy to endorse

268

00:14:22,660 --> 00:14:20,000

Boren homeopathic products you'd think

269

00:14:24,820 --> 00:14:22,670

they'd know better but getting back to

270

00:14:26,890 --> 00:14:24,830

the booklet what I'll do now is I'll

271

00:14:29,560 --> 00:14:26,900

read with the help of Heidi Robinson

272

00:14:32,140 --> 00:14:29,570

from the Q&A section found in the front

273

00:14:41,510 --> 00:14:32,150

of the booklet and comment on the 13

274

00:14:49,710 --> 00:14:45,060

question 1 what are homeopathic

275

00:14:52,140 --> 00:14:49,720

medicines homeopathic medicines have

276  
00:14:56,340 --> 00:14:52,150  
been used by generations of physicians

277  
00:14:59,520 --> 00:14:56,350  
for more than 200 years to address many

278  
00:15:01,980 --> 00:14:59,530  
acute illnesses millions of patients

279  
00:15:04,970 --> 00:15:01,990  
around the world rely on these medicines

280  
00:15:08,520 --> 00:15:04,980  
to help relieve symptoms of flu

281  
00:15:12,590 --> 00:15:08,530  
allergies coughs colds muscle pain

282  
00:15:15,180 --> 00:15:12,600  
teething and other common conditions

283  
00:15:18,000 --> 00:15:15,190  
these medicines contain active

284  
00:15:22,470 --> 00:15:18,010  
ingredients derived from highly diluted

285  
00:15:25,410 --> 00:15:22,480  
plants minerals and animals in the

286  
00:15:27,420 --> 00:15:25,420  
United States homeopathic medicines are

287  
00:15:31,020 --> 00:15:27,430  
manufactured under strict accordance

288  
00:15:34,380 --> 00:15:31,030

with the homeopathic pharmacopoeia of

289

00:15:37,490 --> 00:15:34,390

the United States and good manufacturing

290

00:15:40,490 --> 00:15:37,500

practices they are regulated as a

291

00:15:44,130 --> 00:15:40,500

homeopathic drug by the Food and Drug

292

00:15:46,830 --> 00:15:44,140

Administration some conditions require

293

00:15:49,860 --> 00:15:46,840

diagnosis and treatment by a healthcare

294

00:15:53,600 --> 00:15:49,870

professional if symptoms persist or

295

00:15:57,620 --> 00:15:53,610

worsen seek medical attention right away

296

00:15:59,280 --> 00:15:57,630

always read and follow label directions

297

00:16:02,730 --> 00:15:59,290

my comments

298

00:16:05,970 --> 00:16:02,740

did you notice some logical fallacies we

299

00:16:08,850 --> 00:16:05,980

have the appeal to authority used by

300

00:16:12,210 --> 00:16:08,860

generations of physicians the appeal to

301  
00:16:15,290 --> 00:16:12,220  
antiquity or tradition for more than 200

302  
00:16:19,140 --> 00:16:15,300  
years and the appeal to popularity

303  
00:16:22,070 --> 00:16:19,150  
millions of patients these medicines

304  
00:16:23,280 --> 00:16:22,080  
contain active ingredients do they

305  
00:16:26,460 --> 00:16:23,290  
really

306  
00:16:28,200 --> 00:16:26,470  
maybe that should read these medicines

307  
00:16:30,330 --> 00:16:28,210  
once we're in contact with something

308  
00:16:32,210 --> 00:16:30,340  
that is derived from something that once

309  
00:16:37,620 --> 00:16:32,220  
was in contact with part of a plant or

310  
00:16:40,080 --> 00:16:37,630  
something like that question 2 is there

311  
00:16:42,540 --> 00:16:40,090  
any scientific research on homeopathic

312  
00:16:44,940 --> 00:16:42,550  
medicines an increasing number of

313  
00:16:47,460 --> 00:16:44,950

scientific studies on homeopathic

314

00:16:50,180 --> 00:16:47,470

medicines are being conducted and

315

00:16:54,210 --> 00:16:50,190

published in peer-reviewed journals

316

00:16:56,970 --> 00:16:54,220

clinical research is providing evidence

317

00:17:00,440 --> 00:16:56,980

of the efficacy of homeopathic medicines

318

00:17:03,420 --> 00:17:00,450

and basic laboratory research is

319

00:17:07,290 --> 00:17:03,430

confirming the biological activity of

320

00:17:09,600 --> 00:17:07,300

highly diluted substances and helping

321

00:17:14,040 --> 00:17:09,610

the scientific community better

322

00:17:16,500 --> 00:17:14,050

understand their mechanism of action my

323

00:17:18,900 --> 00:17:16,510

comments there may well be more and more

324

00:17:20,490 --> 00:17:18,910

scientific studies into homeopathy but

325

00:17:23,760 --> 00:17:20,500

the results are not what the industry

326

00:17:25,680 --> 00:17:23,770

wants to hear where the outcomes are

327

00:17:28,740 --> 00:17:25,690

good it's more likely they are the

328

00:17:31,560 --> 00:17:28,750

results of poorly conducted trials all

329

00:17:34,620 --> 00:17:31,570

over the world with the UK leading the

330

00:17:37,560 --> 00:17:34,630

way homeopathy is coming under fire and

331

00:17:40,260 --> 00:17:37,570

is being taken out of mainstream health

332

00:17:42,990 --> 00:17:40,270

care if the scientific studies did

333

00:17:46,830 --> 00:17:43,000

indeed support it this would not be the

334

00:17:49,850 --> 00:17:46,840

case unless like many in the altmed

335

00:17:52,830 --> 00:17:49,860

industries you believe in conspiracies

336

00:17:55,980 --> 00:17:52,840

question 3 what are the benefits of

337

00:17:58,430 --> 00:17:55,990

homeopathic medicines Borum homeopathic

338

00:18:01,680 --> 00:17:58,440

medicines do not cause drowsiness or

339

00:18:05,220 --> 00:18:01,690

sleeplessness and they have no known

340

00:18:07,680 --> 00:18:05,230

drug interactions there is a low risk of

341

00:18:08,720 --> 00:18:07,690

side effects when taking homeopathic

342

00:18:14,090 --> 00:18:08,730

medicines

343

00:18:17,220 --> 00:18:14,100

choice for self treatable conditions

344

00:18:19,770 --> 00:18:17,230

they work best when taken at the first

345

00:18:22,700 --> 00:18:19,780

sign of symptoms which is the best time

346

00:18:25,650 --> 00:18:22,710

to help your body ward off illnesses

347

00:18:28,020 --> 00:18:25,660

some disorders require diagnosis and

348

00:18:30,180 --> 00:18:28,030

treatment by adopter always read and

349

00:18:32,610 --> 00:18:30,190

follow label directions if symptoms

350

00:18:38,070 --> 00:18:32,620

persist or worsen seek medical attention

351

00:18:41,880 --> 00:18:38,080

promptly my comments there's a saying no

352

00:18:44,310 --> 00:18:41,890

side effects means no effects all drugs

353

00:18:47,880 --> 00:18:44,320

have side effects even if those effects

354

00:18:51,120 --> 00:18:47,890

are minimal and benign for something

355

00:18:53,520 --> 00:18:51,130

posing as medicine something you ingest

356

00:18:55,680 --> 00:18:53,530

the claim it has no side effects or

357

00:18:58,650 --> 00:18:55,690

known known interaction with any other

358

00:19:01,050 --> 00:18:58,660

drug means that it probably has no

359

00:19:05,040 --> 00:19:01,060

effects on the body at all let alone

360

00:19:07,730 --> 00:19:05,050

medical effects question 4 how are

361

00:19:10,430 --> 00:19:07,740

homeopathic medicines presented

362

00:19:13,400 --> 00:19:10,440

homeopathic medicines are presented with

363

00:19:16,700 --> 00:19:13,410

very clear and specific indications and

364

00:19:19,610 --> 00:19:16,710

directions for use they are available

365

00:19:22,640 --> 00:19:19,620

either as blue tube single medicines

366

00:19:26,240 --> 00:19:22,650

only one active ingredient or as a

367

00:19:29,150 --> 00:19:26,250

company specific brand of medicine most

368

00:19:31,340 --> 00:19:29,160

with multiple active ingredients the

369

00:19:34,310 --> 00:19:31,350

branded medicines are available in a

370

00:19:38,120 --> 00:19:34,320

variety of dosage forms such as tablets

371

00:19:42,020 --> 00:19:38,130

gels pointment scream syrups eyedrops

372

00:19:45,290 --> 00:19:42,030

and suppositories these branded products

373

00:19:47,090 --> 00:19:45,300

make selecting a medicine easier so that

374

00:19:51,200 --> 00:19:47,100

those who are not yet familiar with

375

00:19:54,799 --> 00:19:51,210

homeopathy can discover the benefits my

376

00:19:56,900 --> 00:19:54,809

comments that's nice if they are all

377

00:19:59,600 --> 00:19:56,910

homeopathic it really wouldn't matter

378

00:20:02,810 --> 00:19:59,610

how they are presented or what the label

379

00:20:05,919 --> 00:20:02,820

says they do however for sales I can see

380

00:20:09,650 --> 00:20:05,929

the benefit of having a wide range

381

00:20:13,400 --> 00:20:09,660

question 5 when should I choose a blue

382

00:20:17,299 --> 00:20:13,410

tube single medicine in some instances

383

00:20:20,440 --> 00:20:17,309

your symptoms are so specific that it is

384

00:20:23,750 --> 00:20:20,450

easy to select one single medicine

385

00:20:27,590 --> 00:20:23,760

packaged in Boron's patented multi dose

386

00:20:30,410 --> 00:20:27,600

blue tubes the 83 most commonly used

387

00:20:34,370 --> 00:20:30,420

blue tube single medicines are available

388

00:20:37,549 --> 00:20:34,380

in natural product stores boron carries

389

00:20:40,010 --> 00:20:37,559

hundreds of single medicines in several

390

00:20:42,799 --> 00:20:40,020

delusions which can be special ordered

391

00:20:45,470 --> 00:20:42,809

through these stores many self

392

00:20:48,010 --> 00:20:45,480

medication books are available to help

393

00:20:51,080 --> 00:20:48,020

you in your single medicine selection

394

00:20:54,230 --> 00:20:51,090

including homeopathic solutions made

395

00:20:57,290 --> 00:20:54,240

easy you can also use the boron

396

00:21:02,090 --> 00:20:57,300

homeopathic medicine finder available at

397

00:21:05,000 --> 00:21:02,100

boron usa.com or as a free app my

398

00:21:09,260 --> 00:21:05,010

comments I refer you to my last comment

399

00:21:11,660 --> 00:21:09,270

if the products are homeopathic that is

400

00:21:15,590 --> 00:21:11,670

having no active ingredients it wouldn't

401  
00:21:19,169 --> 00:21:15,600  
make a blind bit of difference question

402  
00:21:23,129 --> 00:21:19,179  
6 what is a homeopathic dilution

403  
00:21:26,719 --> 00:21:23,139  
a homeopathic medicine is obtained from

404  
00:21:30,539 --> 00:21:26,729  
a precise and controlled process of

405  
00:21:33,539 --> 00:21:30,549  
successive homeopathic dilutions with

406  
00:21:37,739 --> 00:21:33,549  
each homeopathic dilution the medicine

407  
00:21:41,729 --> 00:21:37,749  
is d concentrated and then vigorously

408  
00:21:44,879 --> 00:21:41,739  
shaken also called succussion this

409  
00:21:49,339 --> 00:21:44,889  
process transforms the original solution

410  
00:21:53,310 --> 00:21:49,349  
into a therapeutically active medicine

411  
00:21:55,739 --> 00:21:53,320  
my comments may be it does in another

412  
00:21:58,079 --> 00:21:55,749  
universe much like our own but with

413  
00:22:01,469 --> 00:21:58,089

different laws of physics but this

414

00:22:08,039 --> 00:22:01,479

principle or ritual is a keystone of

415

00:22:11,579 --> 00:22:08,049

homeopathy less is more question 7 which

416

00:22:14,609 --> 00:22:11,589

homeopathic dilution should I choose the

417

00:22:17,190 --> 00:22:14,619

level of dilution does not correspond to

418

00:22:22,739 --> 00:22:17,200

the strength of the homeopathic medicine

419

00:22:25,529 --> 00:22:22,749

a 30 C is not stronger than a 6 C the

420

00:22:29,039 --> 00:22:25,539

difference is in the level of action

421

00:22:32,700 --> 00:22:29,049

while a 6 C is suitable for local

422

00:22:35,430 --> 00:22:32,710

symptoms a 30 C or higher is more

423

00:22:38,329 --> 00:22:35,440

appropriate for general and behavioral

424

00:22:42,299 --> 00:22:38,339

symptoms such as a fever rash

425

00:22:45,989 --> 00:22:42,309

apprehension or sleeplessness my

426

00:22:48,359 --> 00:22:45,999

comments wait what so they are saying

427

00:22:51,899 --> 00:22:48,369

that something that has no active

428

00:22:54,419 --> 00:22:51,909

substance is not as strong as something

429

00:22:57,589 --> 00:22:54,429

else that has no active substance but

430

00:23:01,440 --> 00:22:57,599

nevertheless has a different action

431

00:23:03,409 --> 00:23:01,450

action even Alice didn't go that far

432

00:23:06,389 --> 00:23:03,419

down the rabbit hole

433

00:23:08,310 --> 00:23:06,399

question 8 how should I read a

434

00:23:13,529 --> 00:23:08,320

homeopathic medicine labels such as

435

00:23:16,529 --> 00:23:13,539

Arnica Montana 30 C Arnica Montana is

436

00:23:20,399 --> 00:23:16,539

the Latin name of the source material a

437

00:23:22,999 --> 00:23:20,409

plant from the Daisy family homeopathic

438

00:23:25,889 --> 00:23:23,009

medicines use Latin names the

439

00:23:29,129 --> 00:23:25,899

international scientific denomination

440

00:23:31,769 --> 00:23:29,139

for source materials that 30

441

00:23:32,100 --> 00:23:31,779

indicates that the source material has

442

00:23:37,260 --> 00:23:32,110

been

443

00:23:41,039 --> 00:23:37,270

homeopathic ly diluted 30 times the C

444

00:23:43,740 --> 00:23:41,049

stands for sent s Amal and indicates

445

00:23:50,070 --> 00:23:43,750

that each of the 30 dilutions was made

446

00:23:52,080 --> 00:23:50,080

at the rate of 1 in 100 my comments the

447

00:23:55,130 --> 00:23:52,090

tradition is for homeopathy to use Latin

448

00:23:58,799 --> 00:23:55,140

names I guess it makes it sound more

449

00:24:01,470 --> 00:23:58,809

formal or scientific reminds me of a

450

00:24:06,360 --> 00:24:01,480

priest using Latin to exorcise a demon

451  
00:24:08,400 --> 00:24:06,370  
gives more gravitas Christian 9 the

452  
00:24:10,950 --> 00:24:08,410  
indication on the label of the

453  
00:24:15,659 --> 00:24:10,960  
multi-dose does not match the symptom

454  
00:24:18,510 --> 00:24:15,669  
for which my doctor described it why the

455  
00:24:21,110 --> 00:24:18,520  
same blue tube single medicine may be

456  
00:24:26,549 --> 00:24:21,120  
useful for several different conditions

457  
00:24:30,049 --> 00:24:26,559  
for example leaden palestro 30 c can be

458  
00:24:35,010 --> 00:24:30,059  
indicated for insect bites or bruising

459  
00:24:39,630 --> 00:24:35,020  
mozzeria 30 c can be indicated for sinus

460  
00:24:42,330 --> 00:24:39,640  
pain or using crusty skin rash due to

461  
00:24:44,310 --> 00:24:42,340  
the small size of the container we print

462  
00:24:47,760 --> 00:24:44,320  
the most common indication for each

463  
00:24:49,110 --> 00:24:47,770

medicine on the label therefore the

464

00:24:51,539 --> 00:24:49,120

condition for which your doctor

465

00:24:56,240 --> 00:24:51,549

prescribed the medicine may not be

466

00:24:59,299 --> 00:24:56,250

listed on the label my comment doctor

467

00:25:03,150 --> 00:24:59,309

doctor what doctor would prescribe

468

00:25:06,450 --> 00:25:03,160

homeopathy sadly there are some real GPS

469

00:25:08,370 --> 00:25:06,460

who do but another point to remember is

470

00:25:10,799 --> 00:25:08,380

that in the United States especially

471

00:25:12,960 --> 00:25:10,809

more and more alternative medicine

472

00:25:16,950 --> 00:25:12,970

practitioners are referring to

473

00:25:18,630 --> 00:25:16,960

themselves as doctor also again I make

474

00:25:21,000 --> 00:25:18,640

the point that how can something with no

475

00:25:23,280 --> 00:25:21,010

active ingredients be any different from

476  
00:25:27,810 --> 00:25:23,290  
something else that has no active

477  
00:25:31,020 --> 00:25:27,820  
ingredients question 10 how do I take a

478  
00:25:31,770 --> 00:25:31,030  
homeopathic medicine for your

479  
00:25:34,140 --> 00:25:31,780  
convenience

480  
00:25:37,409 --> 00:25:34,150  
boron homeopathic medicines are

481  
00:25:40,770 --> 00:25:37,419  
available in a variety of forms syrups

482  
00:25:44,030 --> 00:25:40,780  
liquid unit doses suppositories creams

483  
00:25:45,600 --> 00:25:44,040  
gels eyedrops tablets and pellets to

484  
00:25:48,840 --> 00:25:45,610  
best address

485  
00:25:51,210 --> 00:25:48,850  
your symptoms label directions vary by

486  
00:25:54,120 --> 00:25:51,220  
medicine always read and follow label

487  
00:25:56,480 --> 00:25:54,130  
directions when taking one of our

488  
00:25:58,650 --> 00:25:56,490

signature blue tube single medicines

489

00:26:01,680 --> 00:25:58,660

pellets should be placed under the

490

00:26:04,799 --> 00:26:01,690

tongue to ensure rapid absorption into

491

00:26:08,190 --> 00:26:04,809

the bloodstream no water chewing or

492

00:26:10,710 --> 00:26:08,200

swallowing is required in general it is

493

00:26:14,940 --> 00:26:10,720

best to address symptoms as early as

494

00:26:17,730 --> 00:26:14,950

possible my comment sorry to keep

495

00:26:19,740 --> 00:26:17,740

harping back to this point but how would

496

00:26:21,630 --> 00:26:19,750

it make any difference how you ingested

497

00:26:23,970 --> 00:26:21,640

something that has no active ingredients

498

00:26:28,950 --> 00:26:23,980

you can rub it on your feet for all the

499

00:26:30,750 --> 00:26:28,960

good it does question 11 how frequently

500

00:26:33,450 --> 00:26:30,760

can I take or should I take a

501  
00:26:35,280 --> 00:26:33,460  
homeopathic medicine follow the

502  
00:26:37,710 --> 00:26:35,290  
instructions provided by your health

503  
00:26:40,770 --> 00:26:37,720  
care professional or on the product

504  
00:26:43,080 --> 00:26:40,780  
label when it comes to a blue tube

505  
00:26:45,990 --> 00:26:43,090  
single medicine general dosage

506  
00:26:48,870 --> 00:26:46,000  
instructions are 5 pellets three times a

507  
00:26:51,780 --> 00:26:48,880  
day as a general rule for self

508  
00:26:54,110 --> 00:26:51,790  
medicating increase the frequency when

509  
00:26:57,120 --> 00:26:54,120  
the symptoms are sudden and acute

510  
00:27:00,440 --> 00:26:57,130  
decrease the frequency with improvement

511  
00:27:04,169 --> 00:27:00,450  
for example upon twisting your ankle

512  
00:27:06,360 --> 00:27:04,179  
dissolve 5 pellets of Arnica Montana and

513  
00:27:09,360 --> 00:27:06,370

your tongue every 10 minutes three to

514

00:27:11,669 --> 00:27:09,370

four times then dissolve five pellets

515

00:27:17,669 --> 00:27:11,679

under your tongue three times a day or

516

00:27:21,060 --> 00:27:17,679

as needed my comments okay okay call me

517

00:27:23,549 --> 00:27:21,070

a broken record but well you know but

518

00:27:25,890 --> 00:27:23,559

it's odd or maybe I have it wrong that

519

00:27:28,740 --> 00:27:25,900

in homeopathic lore

520

00:27:30,690 --> 00:27:28,750

something that is more diluted is more

521

00:27:33,780 --> 00:27:30,700

powerful than something that is less

522

00:27:36,630 --> 00:27:33,790

diluted but you should take more pills

523

00:27:40,350 --> 00:27:36,640

when the symptoms are worse which means

524

00:27:43,680 --> 00:27:40,360

you are ingesting a weaker dose as the

525

00:27:47,570 --> 00:27:43,690

less sorry this homeopathic rabbit-hole

526

00:27:51,150 --> 00:27:47,580

is getting far too deep or is it shallow

527

00:27:55,070 --> 00:27:51,160

question 12 how do I know I have

528

00:27:58,169 --> 00:27:55,080

selected the right homeopathic medicine

529

00:27:59,280 --> 00:27:58,179

improvement may occur more quickly when

530

00:28:01,770 --> 00:27:59,290

treatment is started

531

00:28:04,800 --> 00:28:01,780

at the onset of symptoms particularly in

532

00:28:06,390 --> 00:28:04,810

acute conditions individual product

533

00:28:08,610 --> 00:28:06,400

labels will provide you with more

534

00:28:12,930 --> 00:28:08,620

specific information and directions for

535

00:28:16,380 --> 00:28:12,940

use if symptoms persist or worsen ask a

536

00:28:18,090 --> 00:28:16,390

doctor chronic conditions will require

537

00:28:20,730 --> 00:28:18,100

the attention of a healthcare

538

00:28:24,150 --> 00:28:20,740

professional knowledgeable in homeopathy

539

00:28:27,690 --> 00:28:24,160  
and may require more time for

540

00:28:29,250 --> 00:28:27,700  
improvement my comments well it's like

541

00:28:31,050 --> 00:28:29,260  
asking how do I know if I've eaten the

542

00:28:32,460 --> 00:28:31,060  
right colored jellybeans I guess if you

543

00:28:36,630 --> 00:28:32,470  
just take the colors away and have the

544

00:28:39,360 --> 00:28:36,640  
original sugar substance but if we were

545

00:28:42,690 --> 00:28:39,370  
to think about what a normal situation

546

00:28:44,130 --> 00:28:42,700  
would be if you went to a physician he

547

00:28:47,010 --> 00:28:44,140  
or she would advise you on which

548

00:28:48,780 --> 00:28:47,020  
medication is the appropriate one to

549

00:28:51,690 --> 00:28:48,790  
take but when all the medication is

550

00:28:53,310 --> 00:28:51,700  
essentially the same thing maybe I

551  
00:28:57,930 --> 00:28:53,320  
should start to live down that rabbit

552  
00:28:59,910 --> 00:28:57,940  
hole question 13 can homeopathic

553  
00:29:03,000 --> 00:28:59,920  
medicines be taken in conjunction with

554  
00:29:06,630 --> 00:29:03,010  
other medicines homeopathic medicines

555  
00:29:09,720 --> 00:29:06,640  
for C and above have a low risk of side

556  
00:29:11,730 --> 00:29:09,730  
effects and no known drug interactions

557  
00:29:15,810 --> 00:29:11,740  
they can be taken with other

558  
00:29:17,790 --> 00:29:15,820  
conventional medications my comment of

559  
00:29:20,130 --> 00:29:17,800  
course they can be taken with other

560  
00:29:22,350 --> 00:29:20,140  
drugs because they're not a drug there

561  
00:29:24,150 --> 00:29:22,360  
are no interactions or side effects

562  
00:29:27,120 --> 00:29:24,160  
because there is nothing there to

563  
00:29:30,570 --> 00:29:27,130

initiate such an effect and of course I

564

00:29:33,470 --> 00:29:30,580

say that with a disclaimer myself I am

565

00:29:36,660 --> 00:29:33,480

not recommending you take homeopathic

566

00:29:39,450 --> 00:29:36,670

medicine at all to begin with but in

567

00:29:42,330 --> 00:29:39,460

some cases some homeopaths may well make

568

00:29:45,690 --> 00:29:42,340

up a mixture or a concoction that has

569

00:29:50,580 --> 00:29:45,700

some active ingredient so of course the

570

00:29:52,770 --> 00:29:50,590

disclaimer is be wary be careful but the

571

00:29:54,450 --> 00:29:52,780

principle is if it's a true homeopathic

572

00:29:59,520 --> 00:29:54,460

product then it can't have an

573

00:30:02,370 --> 00:29:59,530

interaction with real drugs question 14

574

00:30:05,760 --> 00:30:02,380

can I give homeopathic medicines to my

575

00:30:06,570 --> 00:30:05,770

children boron medicines can be given to

576

00:30:09,540 --> 00:30:06,580

a child

577

00:30:11,310 --> 00:30:09,550

however label directions may differ

578

00:30:14,270 --> 00:30:11,320

based on a

579

00:30:16,830 --> 00:30:14,280

always read and follow label directions

580

00:30:18,930 --> 00:30:16,840

if your child is younger than the age

581

00:30:21,990 --> 00:30:18,940

for you specified on the product label

582

00:30:24,840 --> 00:30:22,000

or they experience chronic symptoms

583

00:30:28,740 --> 00:30:24,850

please check with your child's health

584

00:30:29,400 --> 00:30:28,750

care professional my comments apart from

585

00:30:31,910 --> 00:30:29,410

the obvious

586

00:30:34,890 --> 00:30:31,920

yes we've covered this so many times

587

00:30:38,010 --> 00:30:34,900

there is no active ingredient bla bla

588

00:30:42,240 --> 00:30:38,020

bla bla I note the use of the term

589

00:30:44,570 --> 00:30:42,250

health care professional since health

590

00:30:48,060 --> 00:30:44,580

care professional can mean a homeopath

591

00:30:51,480 --> 00:30:48,070

naturopath the chiropractor it really is

592

00:30:53,700 --> 00:30:51,490

an almost meaningless term in Australia

593

00:30:55,890 --> 00:30:53,710

when I was growing up and a drug was

594

00:30:58,950 --> 00:30:55,900

advertised on their television or radio

595

00:31:01,669 --> 00:30:58,960

the disclaimer at the end would always

596

00:31:05,880 --> 00:31:01,679

say something like if symptoms persist

597

00:31:08,820 --> 00:31:05,890

see your doctor but for many years now

598

00:31:11,280 --> 00:31:08,830

this has been replaced with if symptoms

599

00:31:13,830 --> 00:31:11,290

persist see your health care

600

00:31:17,070 --> 00:31:13,840

professional personally I'd like it to

601  
00:31:20,280 --> 00:31:17,080  
say if symptoms persist see your GP or

602  
00:31:22,409 --> 00:31:20,290  
pharmacist the last these days we have

603  
00:31:29,789 --> 00:31:22,419  
so many pharmacists selling quackery

604  
00:31:32,789 --> 00:31:29,799  
maybe that's not such a good idea the

605  
00:31:34,710 --> 00:31:32,799  
rest of this little booklet is really a

606  
00:31:37,740 --> 00:31:34,720  
catalogue of the products on offer from

607  
00:31:39,690 --> 00:31:37,750  
the boron company there's even a page

608  
00:31:44,750 --> 00:31:39,700  
here dealing with what products to get

609  
00:31:47,400 --> 00:31:44,760  
for first aid also allergies irritation

610  
00:31:51,360 --> 00:31:47,410  
teething flu-like symptoms

611  
00:31:54,740 --> 00:31:51,370  
sore throat colds sinus cold and flu

612  
00:31:58,130 --> 00:31:54,750  
cough and chest congestion gas

613  
00:32:01,140 --> 00:31:58,140

interjection pain hemorrhoids

614

00:32:05,600 --> 00:32:01,150

sleeplessness stress hot flushes

615

00:32:11,450 --> 00:32:05,610

menstrual cramps PMS yeast infection

616

00:32:15,810 --> 00:32:13,830

so if you're in the United States or

617

00:32:18,570 --> 00:32:15,820

Canada I would imagine next time you're

618

00:32:21,299 --> 00:32:18,580

in a supermarket or pharmacy it might be

619

00:32:24,720 --> 00:32:21,309

worth checking out the boron displayed

620

00:32:26,700 --> 00:32:24,730

to see some of these medications for

621

00:32:30,860 --> 00:32:26,710

yourself and you too can pick up their

622

00:32:35,310 --> 00:32:30,870

handy free booklet and marvel at the

623

00:32:37,230 --> 00:32:35,320

product range and don't forget that the

624

00:32:39,690 --> 00:32:37,240

Center for skeptical inquiry is

625

00:32:43,560 --> 00:32:39,700

currently undertaking a lawsuit against

626

00:33:02,580 --> 00:32:43,570

serious pharmacies for stalking and

627

00:33:04,770 --> 00:33:02,590

selling homeopathic products hello this

628

00:33:07,020 --> 00:33:04,780

is Rob Palmer you may have heard of me

629

00:33:08,880 --> 00:33:07,030

lately I've been interviewing scientists

630

00:33:10,560 --> 00:33:08,890

sceptics and other critical thinkers

631

00:33:13,530 --> 00:33:10,570

from around the world for my column in

632

00:33:18,000 --> 00:33:13,540

The Skeptical Inquirer and recently some

633

00:33:19,620 --> 00:33:18,010

for the skeptic zone my written

634

00:33:21,080 --> 00:33:19,630

interviews have included Jain novella

635

00:33:24,030 --> 00:33:21,090

from the skeptics guide to the universe

636

00:33:26,430 --> 00:33:24,040

mass psychogenic illness expert Robert

637

00:33:28,919 --> 00:33:26,440

Bartholomew Celeste you award from

638

00:33:31,919 --> 00:33:28,929

squaring the strange psychic busted

639

00:33:34,380 --> 00:33:31,929

private I bought Nygaard skeptical

640

00:33:37,080 --> 00:33:34,390

activist Michael Marshall of the UK and

641

00:33:39,630 --> 00:33:37,090

even secular activists Bailey Harris and

642

00:33:41,730 --> 00:33:39,640

John de Lancie that's Q from Star Trek I

643

00:33:44,549 --> 00:33:41,740

even interviewed Believe It or Not a

644

00:33:47,610 --> 00:33:44,559

Magic Dragon and another really

645

00:33:49,470 --> 00:33:47,620

well-known skeptic Richard Saunders you

646

00:33:52,169 --> 00:33:49,480

can find my online column with these

647

00:33:54,270 --> 00:33:52,179

interviews and more by googling the

648

00:33:57,419 --> 00:33:54,280

well-known skeptic plus skeptical

649

00:34:00,270 --> 00:33:57,429

Inquirer also follow me on Facebook at

650

00:34:17,870 --> 00:34:00,280

the well-known skeptic Cheers

651

00:34:21,210 --> 00:34:17,880

[Music]

652

00:34:23,490 --> 00:34:21,220

in the last couple of days a newsletter

653

00:34:26,070 --> 00:34:23,500

from the good thinking society in the UK

654

00:34:28,200 --> 00:34:26,080

has arrived in my inbox and this really

655

00:34:31,399 --> 00:34:28,210

follows on from our previous story about

656

00:34:34,830 --> 00:34:31,409

homeopathy in the United States the

657

00:34:38,250 --> 00:34:34,840

newsletter is entitled our judicial

658

00:34:41,040 --> 00:34:38,260

review over accreditation of society of

659

00:34:44,240 --> 00:34:41,050

homeopaths to be heard March 18th and

660

00:34:46,379 --> 00:34:44,250

19th the newsletter goes on to say

661

00:34:48,570 --> 00:34:46,389

supporters of ours will remember that

662

00:34:51,330 --> 00:34:48,580

good thinking challenge the Professional

663

00:34:52,950 --> 00:34:51,340

Standards Authority PSA the government

664

00:34:55,680 --> 00:34:52,960

body that oversees health care

665

00:34:59,550 --> 00:34:55,690

regulators over their failure to protect

666

00:35:02,070 --> 00:34:59,560

vulnerable autistic children from anti

667

00:35:05,820 --> 00:35:02,080

vaccine proponents and potentially

668

00:35:07,320 --> 00:35:05,830

harmful cures the PSA accredited the

669

00:35:10,140 --> 00:35:07,330

Society of homeopaths

670

00:35:15,810 --> 00:35:10,150

despite registrants of the Society of

671

00:35:21,260 --> 00:35:15,820

homeopaths offering cease that's C e ase

672

00:35:24,030 --> 00:35:21,270

therapy an anti vaccine cure for autism

673

00:35:26,190 --> 00:35:24,040

that challenge has now been scheduled to

674

00:35:28,740 --> 00:35:26,200

be heard by the High Court on March the

675

00:35:30,630 --> 00:35:28,750

18th and 19th where we will have the

676

00:35:33,420 --> 00:35:30,640

opportunity to make our full case before

677

00:35:37,080 --> 00:35:33,430

a judge and to explain why we feel the

678

00:35:39,330 --> 00:35:37,090

PSA acted unlawfully in their decision

679

00:35:41,400 --> 00:35:39,340

to lend credibility to the Society of

680

00:35:44,160 --> 00:35:41,410

homeopaths and their members some of

681

00:35:46,680 --> 00:35:44,170

whom offer cease therapy if our

682

00:35:49,890 --> 00:35:46,690

challenge is successful it could see the

683

00:35:52,770 --> 00:35:49,900

accreditation decision quashed annulled

684

00:35:55,260 --> 00:35:52,780

by the court meaning that the PSA could

685

00:35:57,060 --> 00:35:55,270

be ordered to make a new decision this

686

00:35:59,790 --> 00:35:57,070

time properly taking into account the

687

00:36:02,190 --> 00:35:59,800

harms associated with cease therapy when

688

00:36:03,570 --> 00:36:02,200

considering whether to RIA credit the

689

00:36:06,510 --> 00:36:03,580

Society of homeopaths

690

00:36:09,420 --> 00:36:06,520

we hope our case will result in the

691

00:36:11,940 --> 00:36:09,430

Society of homeopaths being required by

692

00:36:14,220 --> 00:36:11,950

the PSA to take action to protect

693

00:36:17,160 --> 00:36:14,230

autistic children from the harmful

694

00:36:20,610 --> 00:36:17,170

therapies these homeopaths promote or

695

00:36:22,380 --> 00:36:20,620

lose their accredited status when we

696

00:36:26,010 --> 00:36:22,390

took on the case we ask for your support

697

00:36:27,800 --> 00:36:26,020

to help us fund raise to meet the legal

698

00:36:30,710 --> 00:36:27,810

costs involved in bringing

699

00:36:34,310 --> 00:36:30,720

judicial review to court you helped us

700

00:36:40,430 --> 00:36:34,320

raise over ten thousand pounds for which

701  
00:36:42,050 --> 00:36:40,440  
we are extremely grateful and I'm

702  
00:36:44,660 --> 00:36:42,060  
grateful for that very interesting

703  
00:36:47,240 --> 00:36:44,670  
update from good thinking in the UK and

704  
00:36:49,430 --> 00:36:47,250  
I will link to good thinking in this

705  
00:36:52,340 --> 00:36:49,440  
week's show notes so you too can keep up

706  
00:36:55,370 --> 00:36:52,350  
to date with their activities and will

707  
00:36:57,380 --> 00:36:55,380  
keep an eye on this legal challenge to

708  
00:36:59,930 --> 00:36:57,390  
the accreditation of the Society of

709  
00:37:01,060 --> 00:36:59,940  
homeopaths which will be heard next

710  
00:37:12,500 --> 00:37:01,070  
month

711  
00:37:12,510 --> 00:37:19,340  
[Applause]

712  
00:37:24,660 --> 00:37:23,880  
hey Richard oh hi Trish hi would you

713  
00:37:26,070 --> 00:37:24,670

like a coffee

714

00:37:28,380 --> 00:37:26,080

yeah thanks what are you working on I'm

715

00:37:30,320 --> 00:37:28,390

trying to come up with a new promo to

716

00:37:33,690 --> 00:37:30,330

play on the sceptic zone who's it for

717

00:37:36,420 --> 00:37:33,700

the good thinking Society in the UK you

718

00:37:38,280 --> 00:37:36,430

know the oh yeah I know them the guys

719

00:37:40,410 --> 00:37:38,290

who recently chased the homeopath out of

720

00:37:42,330 --> 00:37:40,420

the UK public health system oh did they

721

00:37:43,530 --> 00:37:42,340

yeah they campaigned and lobbied

722

00:37:46,680 --> 00:37:43,540

government for a while and now you

723

00:37:48,000 --> 00:37:46,690

cannot get homeopathy on the NHS so they

724

00:37:50,010 --> 00:37:48,010

can now spend public money on health

725

00:37:52,380 --> 00:37:50,020

care that works Yeah right look I'll

726

00:37:56,940 --> 00:37:52,390

mention that in the promo now their

727

00:37:58,800 --> 00:37:56,950

website is good thinking society org and

728

00:38:00,300 --> 00:37:58,810

that website is a good resource for

729

00:38:02,310 --> 00:38:00,310

learning more about quackery

730

00:38:11,820 --> 00:38:02,320

thanks Trish that gives me something

731

00:38:19,450 --> 00:38:16,810

here's Maynard spooky action at a

732

00:38:25,540 --> 00:38:23,230

I folks may not have just woke up and

733

00:38:29,079 --> 00:38:25,550

wandering at our place in glib to head

734

00:38:32,170 --> 00:38:29,089

to the amazing skeptics in the pub well

735

00:38:34,210 --> 00:38:32,180

all be happening as Gary Kennedy is

736

00:38:37,059 --> 00:38:34,220

there now he was originally a meat

737

00:38:39,130 --> 00:38:37,069

handler and now he's a yeah food

738

00:38:41,620 --> 00:38:39,140

inspector inspecting all sorts of things

739

00:38:44,079 --> 00:38:41,630

from all over the world so having said

740

00:38:46,089 --> 00:38:44,089

to him fairly shortly about that but I'm

741

00:38:47,620 --> 00:38:46,099

just wandering around the whole thing

742

00:38:53,770 --> 00:38:47,630

and hoping I can get there in time

743

00:38:55,150 --> 00:38:53,780

before he finishes talking okay well

744

00:38:56,890 --> 00:38:55,160

we're going up to the top of the wall

745

00:38:58,960 --> 00:38:56,900

now where it'll be all skeptics in the

746

00:39:01,690 --> 00:38:58,970

pub all evening or hang on

747

00:39:03,250 --> 00:39:01,700

and of course so Trish will be around of

748

00:39:04,870 --> 00:39:03,260

course she's very excited about the

749

00:39:09,010 --> 00:39:04,880

whole goop lab thing happening because

750

00:39:09,970 --> 00:39:09,020

she's a huge fan of guns patro I'm here

751

00:39:12,130 --> 00:39:09,980

at the skeptic zone

752

00:39:14,319 --> 00:39:12,140

Gary Kennedy's just sitting quietly in

753

00:39:16,299 --> 00:39:14,329

the corner how are you Gary I'm well BAE

754

00:39:19,390 --> 00:39:16,309

done yourself pretty good now you're a

755

00:39:21,339 --> 00:39:19,400

meat handler but now you're a young now

756

00:39:24,849 --> 00:39:21,349

of course you're a food inspector I'm

757

00:39:26,859 --> 00:39:24,859

legally a sausage judge made up and a

758

00:39:29,799 --> 00:39:26,869

meeting spectacle I'll show you some

759

00:39:33,549 --> 00:39:29,809

photos later but tell me have you been

760

00:39:35,349 --> 00:39:33,559

to China lately not recently but I have

761

00:39:37,200 --> 00:39:35,359

colleagues who work over there so I'm

762

00:39:39,460 --> 00:39:37,210

keeping up to date with all of the

763

00:39:41,710 --> 00:39:39,470

coronavirus updates yes

764

00:39:43,120 --> 00:39:41,720

well is it a food issue at all can

765

00:39:45,280 --> 00:39:43,130

people cough and get this in the food

766

00:39:48,039 --> 00:39:45,290

and send it here and not to my knowledge

767

00:39:50,020 --> 00:39:48,049

it's similar in that sense to the common

768

00:39:52,390 --> 00:39:50,030

cold or influenza

769

00:39:54,730 --> 00:39:52,400

it can't be carried by food but it can

770

00:39:57,760 --> 00:39:54,740

certainly potentially be carried in the

771

00:40:00,670 --> 00:39:57,770

very very short term by food handlers so

772

00:40:02,650 --> 00:40:00,680

you know waitstaff or cooks but you have

773

00:40:05,049 --> 00:40:02,660

to catch it fairly quickly apparently

774

00:40:07,410 --> 00:40:05,059

like a lot of these viruses it dies

775

00:40:10,990 --> 00:40:07,420

really quickly at ambient temperatures

776

00:40:13,030 --> 00:40:11,000

so and ambient conditions it desiccated

777

00:40:15,250 --> 00:40:13,040

dries out so you really have to be

778

00:40:17,859 --> 00:40:15,260

exposed to it quite quickly afterwards

779

00:40:20,109 --> 00:40:17,869

so unless a waiter coughs on you or

780

00:40:22,539 --> 00:40:20,119

someone does that you're unlikely to

781

00:40:23,799 --> 00:40:22,549

catch it in a food service situation and

782

00:40:25,089 --> 00:40:23,809

certainly it's not going to occur in

783

00:40:27,520 --> 00:40:25,099

manufactured food you buy the

784

00:40:28,770 --> 00:40:27,530

supermarket now we're on the record here

785

00:40:31,650 --> 00:40:28,780

and you're not where you're

786

00:40:34,080 --> 00:40:31,660

Mounties outfit no I'm not I've dived

787

00:40:35,490 --> 00:40:34,090

dressed down for the night if people

788

00:40:37,890 --> 00:40:35,500

want to see you Gary in a Canadian

789

00:40:39,900 --> 00:40:37,900

Mounties outfit it's on my youtube

790

00:40:44,940 --> 00:40:39,910

channel what was that what was that day

791

00:40:47,400 --> 00:40:44,950

oh that was let the pride Fair Day and

792

00:40:49,230 --> 00:40:47,410

you were the judge and the Bears had to

793

00:40:50,670 --> 00:40:49,240

hug you and you actually had to judge

794

00:40:52,890 --> 00:40:50,680

and I remember when one hugged you he

795

00:40:55,140 --> 00:40:52,900

like lift you over his shoulders yes yes

796

00:40:57,120 --> 00:40:55,150

he did in the mouth he's out there you

797

00:40:59,490 --> 00:40:57,130

will actually catch up beyond actually

798

00:41:00,780 --> 00:40:59,500

with the scientists and putting in the

799

00:41:02,490 --> 00:41:00,790

Mardi Gras float this year for the

800

00:41:05,550 --> 00:41:02,500

cheering circle the gay and lesbian

801  
00:41:07,950 --> 00:41:05,560  
engineers and scientists and I recommend

802  
00:41:09,180 --> 00:41:07,960  
people have a listen go to the BBC

803  
00:41:12,750 --> 00:41:09,190  
website and have a listen to the Pet

804  
00:41:14,670 --> 00:41:12,760  
Shop Boys cheering sweet they did a all

805  
00:41:17,460 --> 00:41:14,680  
about his life and about what happened

806  
00:41:21,240 --> 00:41:17,470  
to him and it was beautifully yeah it's

807  
00:41:23,310 --> 00:41:21,250  
great yes so the Jeep will be in the

808  
00:41:26,130 --> 00:41:23,320  
parade and the cheering circles

809  
00:41:27,810 --> 00:41:26,140  
carbonate will be on top carbon six

810  
00:41:29,730 --> 00:41:27,820  
electrons say the fluo colours of the

811  
00:41:31,230 --> 00:41:29,740  
rainbow flag with the Mirrorball nucleus

812  
00:41:33,300 --> 00:41:31,240  
fair enough - and what are going to talk

813  
00:41:35,190 --> 00:41:33,310

to people about tonight food myths the

814

00:41:38,130 --> 00:41:35,200

first thing but my dad seems to think

815

00:41:39,350 --> 00:41:38,140

that food in a buffet situation will

816

00:41:43,680 --> 00:41:39,360

kill him

817

00:41:45,990 --> 00:41:43,690

no no the most common get place to get

818

00:41:47,940 --> 00:41:46,000

is 91 the most common place to get food

819

00:41:51,090 --> 00:41:47,950

poisoning is eat at home especially if

820

00:41:54,780 --> 00:41:51,100

you're 91 and why is that because you're

821

00:41:57,360 --> 00:41:54,790

a bit less into it no it tends to be

822

00:41:59,130 --> 00:41:57,370

your sight and smell and taste goes so

823

00:42:01,380 --> 00:41:59,140

you can't really tell that the foods not

824

00:42:03,330 --> 00:42:01,390

cooked properly and if you've got

825

00:42:06,330 --> 00:42:03,340

opinion about Gwyneth Paltrow and her

826

00:42:09,330 --> 00:42:06,340

goop oh definitely do with load of crap

827

00:42:10,920 --> 00:42:09,340

excuse the French you have fun these

828

00:42:13,410 --> 00:42:10,930

night will chat to you later bye go

829

00:42:15,820 --> 00:42:13,420

I will they doubt thank you

830

00:42:19,000 --> 00:42:15,830

so Lara did you learn anything about our

831

00:42:20,530 --> 00:42:19,010

food supply today just verified a lot of

832

00:42:22,720 --> 00:42:20,540

things that I already thought was true

833

00:42:25,840 --> 00:42:22,730

which is quite satisfying when that

834

00:42:28,180 --> 00:42:25,850

happens yeah I've been trying to teach

835

00:42:29,350 --> 00:42:28,190

to my kids at school all right so what

836

00:42:32,530 --> 00:42:29,360

do you normally mention to them in a

837

00:42:33,910 --> 00:42:32,540

broad way lots of those things come up

838

00:42:35,170 --> 00:42:33,920

in lots of different lessons so if we

839

00:42:35,980 --> 00:42:35,180

talk about the electric motor spectrum

840

00:42:38,920 --> 00:42:35,990

we might be talking about food

841

00:42:41,620 --> 00:42:38,930

irradiation genetically modified foods

842

00:42:44,170 --> 00:42:41,630

comes up in the air tank course and you

843

00:42:45,550 --> 00:42:44,180

know they they're young they they're

844

00:42:47,920 --> 00:42:45,560

getting the information from I suppose

845

00:42:49,300 --> 00:42:47,930

the internet and their parents so they

846

00:42:51,790 --> 00:42:49,310

have a lot of things that they think

847

00:42:53,290 --> 00:42:51,800

it's true and then I just come in and

848

00:42:56,770 --> 00:42:53,300

let them know what the actual science is

849

00:43:01,720 --> 00:42:56,780

behind it that must make you its smiley

850

00:43:03,550 --> 00:43:01,730

from time to time yeah smile happy now

851  
00:43:05,680 --> 00:43:03,560  
how are you with the whole they do what

852  
00:43:06,820 --> 00:43:05,690  
did you learn about our food tonight

853  
00:43:09,040 --> 00:43:06,830  
I thought that was absolutely

854  
00:43:11,140 --> 00:43:09,050  
fascinating wasn't that brilliant I

855  
00:43:12,520 --> 00:43:11,150  
don't I learnt so much but also it

856  
00:43:14,620 --> 00:43:12,530  
reinforced the knowledge that I already

857  
00:43:16,300 --> 00:43:14,630  
had which is always really nice it's

858  
00:43:18,100 --> 00:43:16,310  
nice and it you know it closes the door

859  
00:43:21,670 --> 00:43:18,110  
what is the weirdest thing you've ever

860  
00:43:25,540 --> 00:43:21,680  
eaten I've eaten the Japanese Blowfish

861  
00:43:30,580 --> 00:43:25,550  
thing and my face went numb so I ate an

862  
00:43:33,820 --> 00:43:30,590  
African fat bottom dant right and how

863  
00:43:36,370 --> 00:43:33,830

big is that well it was bigger than I

864

00:43:38,140 --> 00:43:36,380

thought it was gonna be when my students

865

00:43:40,060 --> 00:43:38,150

said that they were gonna dare me to

866

00:43:42,250 --> 00:43:40,070

Eastern and I was in visiting a little

867

00:43:46,480 --> 00:43:42,260

British style and but it turns out

868

00:43:47,890 --> 00:43:46,490

African fat bottomed dancehall fat

869

00:43:50,560 --> 00:43:47,900

bottomed ants they make the rock and

870

00:43:51,910 --> 00:43:50,570

we'll go round they do I would not

871

00:43:53,790 --> 00:43:51,920

recommend it and what about you Trish

872

00:43:58,600 --> 00:43:53,800

what's the weirdest thing you've eaten

873

00:44:06,720 --> 00:43:58,610

well I love the way she grabs the mic

874

00:44:11,280 --> 00:44:09,870

a skeptical conference at QED a few

875

00:44:13,140 --> 00:44:11,290

years back they gave out shot glasses

876

00:44:15,570 --> 00:44:13,150

full of mealworms which was awesome

877

00:44:17,580 --> 00:44:15,580

during a talk about future foods which

878

00:44:19,050 --> 00:44:17,590

is fantastic they were dead they were

879

00:44:21,360 --> 00:44:19,060

crispy they were very nice at ease this

880

00:44:23,820 --> 00:44:21,370

is slightly look slightly nutty but I

881

00:44:25,590 --> 00:44:23,830

also went to a restaurant in London if

882

00:44:26,630 --> 00:44:25,600

anyone I don't even exist but there was

883

00:44:31,020 --> 00:44:26,640

a restaurant in London called

884

00:44:35,340 --> 00:44:31,030

archipelago and it had all sorts of food

885

00:44:38,910 --> 00:44:35,350

so we ate bees which bees interesting we

886

00:44:40,470 --> 00:44:38,920

had alligator we had - we had crickets

887

00:44:42,960 --> 00:44:40,480

salad which was really nice actually

888

00:44:44,760 --> 00:44:42,970

really nice and yeah it was amazing it

889

00:44:47,370 --> 00:44:44,770

was good to see what's the weirdest

890

00:44:49,080 --> 00:44:47,380

thing you've ever eaten sir I've been

891

00:44:51,090 --> 00:44:49,090

pretty conservative so I think a

892

00:44:53,340 --> 00:44:51,100

kangaroo steak is probably the weirdest

893

00:44:57,990 --> 00:44:53,350

thing yeah fair enough and what about

894

00:44:59,220 --> 00:44:58,000

you I think I've eaten kangaroo

895

00:45:04,430 --> 00:44:59,230

crocodile EMU

896

00:45:10,890 --> 00:45:04,440

bear reindeer chicken heart was fun

897

00:45:12,740 --> 00:45:10,900

dried fish jerky like and chocolate that

898

00:45:16,350 --> 00:45:12,750

was crunchy because I had bugs in it

899

00:45:17,880 --> 00:45:16,360

intentionally also I had a nice

900

00:45:19,740 --> 00:45:17,890

chocolate with a cockroach in it on

901  
00:45:21,930 --> 00:45:19,750  
Christmas Day no New Year's Day yes

902  
00:45:24,270 --> 00:45:21,940  
intentionally no that was unintentional

903  
00:45:27,570 --> 00:45:24,280  
and what about thing you've eaten you

904  
00:45:30,330 --> 00:45:27,580  
think scorpion Oh what was like crunchy

905  
00:45:32,070 --> 00:45:30,340  
was it it was bloody awful but it's

906  
00:45:34,410 --> 00:45:32,080  
supposed to be a delicacy over in

907  
00:45:36,780 --> 00:45:34,420  
Thailand I had it in Thailand and the

908  
00:45:38,730 --> 00:45:36,790  
street vendor that sold it to me gave it

909  
00:45:40,620 --> 00:45:38,740  
to me nice and crunchy very pleased with

910  
00:45:42,930 --> 00:45:40,630  
himself but he forgot to remove the

911  
00:45:45,690 --> 00:45:42,940  
stinger which had a particularly potent

912  
00:45:47,610 --> 00:45:45,700  
itchy stinging poison in it deep fried

913  
00:45:49,890 --> 00:45:47,620

what was it it was deep fried yes

914

00:45:51,000 --> 00:45:49,900

lightly crammed as well and what about

915

00:45:54,060 --> 00:45:51,010

you what's the weirdest thing you think

916

00:45:57,960 --> 00:45:54,070

you've eaten mmm probably congealed pork

917

00:46:00,450 --> 00:45:57,970

blood with herbs what was that that was

918

00:46:01,849 --> 00:46:00,460

in Vietnam yeah it was a bit of a

919

00:46:04,009 --> 00:46:01,859

language issue

920

00:46:06,440 --> 00:46:04,019

okay so you actually asked for fried

921

00:46:08,930 --> 00:46:06,450

chicken and got that no I just said yes

922

00:46:10,549 --> 00:46:08,940

when my relatives asked me if I wanted

923

00:46:13,940 --> 00:46:10,559

to try this dish and I thought it was a

924

00:46:15,529 --> 00:46:13,950

soup okay well you're still here look

925

00:46:18,289 --> 00:46:15,539

fine oh we've got someone down the end

926

00:46:19,459 --> 00:46:18,299

of this Jenny's mine yes well here's

927

00:46:22,069 --> 00:46:19,469

something even weirder

928

00:46:23,900 --> 00:46:22,079

so kangaroo is less common of an animal

929

00:46:26,539 --> 00:46:23,910

but chicken is more common out of an

930

00:46:27,499 --> 00:46:26,549

animal but less commonly consumed our

931

00:46:31,660 --> 00:46:27,509

chicken feet

932

00:46:34,249 --> 00:46:31,670

pet chicken feed a few times yeah okay

933

00:46:35,690 --> 00:46:34,259

well it's kind of weird and at the end

934

00:46:38,209 --> 00:46:35,700

of the table here what's the weirdest

935

00:46:41,180 --> 00:46:38,219

thing you've eaten sir

936

00:46:44,749 --> 00:46:41,190

probably whale i think it was whale

937

00:46:46,130 --> 00:46:44,759

jerky and was that in japan yes it was

938

00:46:50,299 --> 00:46:46,140

at one of those restaurants where they

939

00:46:54,170 --> 00:46:50,309

serve a tiny bit of everything and the

940

00:46:56,719 --> 00:46:54,180

host you know the we eat the next item

941

00:46:58,959 --> 00:46:56,729

it was like a tiny strip with about this

942

00:47:02,180 --> 00:46:58,969

big and what do you think that was and

943

00:47:04,249 --> 00:47:02,190

they said it was well so do you suspect

944

00:47:07,699 --> 00:47:04,259

there might have been dolphin even on

945

00:47:10,759 --> 00:47:07,709

the menu there it didn't come up

946

00:47:13,640 --> 00:47:10,769

Wow okay and what a test like was a very

947

00:47:15,529 --> 00:47:13,650

fatty I imagine I don't remember I

948

00:47:18,410 --> 00:47:15,539

actually for some reason I recalled

949

00:47:20,449 --> 00:47:18,420

being a jerky rather than in a fatty

950

00:47:24,709 --> 00:47:20,459

form but I could be misremembering this

951  
00:47:26,380 --> 00:47:24,719  
would have been 2006 or so 2007 well

952  
00:47:30,140 --> 00:47:26,390  
you're still standing you're doing well

953  
00:47:32,479 --> 00:47:30,150  
wael twice and puffin but that wasn't in

954  
00:47:38,299 --> 00:47:32,489  
Japan that was in Norway in Iceland

955  
00:47:39,739 --> 00:47:38,309  
Norway top place yeah okay Gary's a tall

956  
00:47:42,049 --> 00:47:39,749  
in court hit now what's the weirdest

957  
00:47:44,120 --> 00:47:42,059  
thing you've ever eaten so I'm having

958  
00:47:45,589 --> 00:47:44,130  
always been pretty conservative with my

959  
00:47:48,349 --> 00:47:45,599  
with my eating but when I was a boy

960  
00:47:50,839 --> 00:47:48,359  
scout once I did I was actually given a

961  
00:47:53,340 --> 00:47:50,849  
live pigeon and had to create a meal out

962  
00:47:56,280 --> 00:47:53,350  
of it and eat it and I did

963  
00:48:00,030 --> 00:47:56,290

how'd you go I killed it

964

00:48:03,420 --> 00:48:00,040

using the approved method and I cooked

965

00:48:05,340 --> 00:48:03,430

it in a fire and agent that is pretty

966

00:48:07,050 --> 00:48:05,350

well that's that's that's the best one

967

00:48:09,660 --> 00:48:07,060

so far what's the weirdest thing you've

968

00:48:12,980 --> 00:48:09,670

eaten the most repulsive thing I've ever

969

00:48:15,120 --> 00:48:12,990

eaten is carob coated dried pineapple

970

00:48:17,580 --> 00:48:15,130

it's why the few things are spread out

971

00:48:19,200 --> 00:48:17,590

almost immediately is quite revolting

972

00:48:22,200 --> 00:48:19,210

but I want to mention something else

973

00:48:27,510 --> 00:48:22,210

actually I was introduced to a Southeast

974

00:48:30,540 --> 00:48:27,520

Asian food called duty in duty in do you

975

00:48:32,010 --> 00:48:30,550

are I am and as anyone's been in

976

00:48:33,600 --> 00:48:32,020

Southeast Asia is aware of this it's

977

00:48:34,770 --> 00:48:33,610

illegal to put on planes because it

978

00:48:36,720 --> 00:48:34,780

stinks so badly

979

00:48:39,270 --> 00:48:36,730

it smells like rotten meat it's very

980

00:48:43,230 --> 00:48:39,280

repulsive and smell I tried it I thought

981

00:48:45,750 --> 00:48:43,240

I don't really like it but some years

982

00:48:47,670 --> 00:48:45,760

later three four years later I smelt it

983

00:48:49,860 --> 00:48:47,680

and I thought it smelt wonderful

984

00:48:51,480 --> 00:48:49,870

something had changed in my tastes and

985

00:48:54,680 --> 00:48:51,490

smelled perception and I think it's a

986

00:48:57,270 --> 00:48:54,690

wonderful flavor some fruity fruit now a

987

00:48:58,800 --> 00:48:57,280

completely changed give it again thank

988

00:49:04,800 --> 00:48:58,810

you

989

00:49:08,070 --> 00:49:04,810  
on there okay well I hate suit sea

990

00:49:09,930 --> 00:49:08,080  
cucumbers once but it was in Russia okay

991

00:49:12,180 --> 00:49:09,940  
and all I could do was point to the menu

992

00:49:14,190 --> 00:49:12,190  
and I don't quite lean not quite know

993

00:49:18,870 --> 00:49:14,200  
whether they were vegetable or animal to

994

00:49:21,000 --> 00:49:18,880  
be honest a very bland also that's a

995

00:49:22,770 --> 00:49:21,010  
wrap for skeptics in the pub the next

996

00:49:24,390 --> 00:49:22,780  
one will be on the 5th of March where

997

00:49:25,410 --> 00:49:24,400  
it'll all be happening and do we know

998

00:49:29,340 --> 00:49:25,420  
who the special guests for the 5th of

999

00:49:30,840 --> 00:49:29,350  
marches now Lady gaga to go to the

1000

00:49:33,840 --> 00:49:30,850  
website where's the website that we go

1001  
00:49:36,570 --> 00:49:33,850  
to to find out who's on next month you

1002  
00:49:38,880 --> 00:49:36,580  
can go to meetup.com and then search for

1003  
00:49:40,680 --> 00:49:38,890  
Sydney's get books in the pub and just

1004  
00:49:43,170 --> 00:49:40,690  
imagine all the stuff that Richard had

1005  
00:49:57,900 --> 00:49:43,180  
to cut out that you haven't heard so

1006  
00:50:03,490 --> 00:50:01,750  
this is NASA her eyes she a flat earth

1007  
00:50:06,070 --> 00:50:03,500  
but we should lie to everybody about it

1008  
00:50:09,190 --> 00:50:06,080  
and say it's round 10 for maximum fun

1009  
00:50:12,370 --> 00:50:09,200  
brings you the latest podcast an expose

1010  
00:50:14,320 --> 00:50:12,380  
aren't the Flat Earth I want to take

1011  
00:50:16,060 --> 00:50:14,330  
advantage of humankind and make them

1012  
00:50:17,710 --> 00:50:16,070  
believe a lie so that they will trust us

1013  
00:50:19,450 --> 00:50:17,720

at the government it's all an elaborate

1014

00:50:21,280 --> 00:50:19,460

lie and when you get on a plane they

1015

00:50:21,880 --> 00:50:21,290

purposefully fly you farther than you

1016

00:50:24,220 --> 00:50:21,890

need to go

1017

00:50:25,930 --> 00:50:24,230

it's disgusting it needs to be stopped

1018

00:50:27,820 --> 00:50:25,940

and if you listen to owner Ross and

1019

00:50:33,609 --> 00:50:27,830

Carrie we will tell you the truth behind

1020

00:50:35,290 --> 00:50:33,619

the lies we will just tell you the truth

1021

00:50:37,570 --> 00:50:35,300

behind the truth because what we do is

1022

00:50:39,460 --> 00:50:37,580

we look at extraordinary claims that's

1023

00:50:41,560 --> 00:50:39,470

right we've gone undercover with

1024

00:50:44,010 --> 00:50:41,570

alternative medical treatments fringe

1025

00:50:46,990 --> 00:50:44,020

religious groups fringe science claims

1026  
00:50:48,700 --> 00:50:47,000  
spiritual paranormal were there to check

1027  
00:50:51,010 --> 00:50:48,710  
it out and let you know what happens is

1028  
00:50:54,070 --> 00:50:51,020  
the Queen Mary haunted I don't know find

1029  
00:50:56,050 --> 00:50:54,080  
out we show up we make friends we learn

1030  
00:50:58,150 --> 00:50:56,060  
what happens when you ask questions and

1031  
00:51:00,730 --> 00:50:58,160  
we tell you all about it and we get all

1032  
00:51:12,050 --> 00:51:00,740  
that funky stuff done to us it's oh no

1033  
00:51:15,530 --> 00:51:13,150  
[Applause]

1034  
00:51:17,390 --> 00:51:15,540  
thank you for listening to the skeptic

1035  
00:51:22,240 --> 00:51:17,400  
zone and that sound you are listening to

1036  
00:51:26,030 --> 00:51:22,250  
at the moment is rain rain lots of rain

1037  
00:51:29,960 --> 00:51:26,040  
rain all night rain all day and all

1038  
00:51:33,530 --> 00:51:29,970

night and all day now this is quite a

1039

00:51:36,829 --> 00:51:33,540

dramatic change from all the fires that

1040

00:51:39,770 --> 00:51:36,839

Sydney Australia and quite a lot of the

1041

00:51:43,040 --> 00:51:39,780

rest of Australia has been suffering

1042

00:51:47,810 --> 00:51:43,050

lately now it's just the opposite

1043

00:51:52,609 --> 00:51:47,820

it's just amazing coming up on next

1044

00:51:55,280 --> 00:51:52,619

week's show more from skeptic on 2019

1045

00:52:00,170 --> 00:51:55,290

with may not doing interviews on the

1046

00:52:02,900 --> 00:52:00,180

spot and next week or maybe the week

1047

00:52:05,329 --> 00:52:02,910

after but very soon we're going to be

1048

00:52:09,290 --> 00:52:05,339

starting a new regular segment on

1049

00:52:11,540 --> 00:52:09,300

logical fallacies watch out for that now

1050

00:52:16,440 --> 00:52:11,550

I can't neglect the skeptic zone cats I

1051  
00:52:20,110 --> 00:52:18,940  
now you two want some breakfast don't

1052  
00:52:27,880 --> 00:52:20,120  
you mm-hmm

1053  
00:52:29,500 --> 00:52:27,890  
did you miss me a big thank you to those

1054  
00:52:32,280 --> 00:52:29,510  
people who continued to support the

1055  
00:52:35,710 --> 00:52:32,290  
sceptic zone with a patreon or PayPal

1056  
00:52:39,340 --> 00:52:35,720  
your contribution means the show keeps

1057  
00:52:41,290 --> 00:52:39,350  
on the air in your ears up there on the

1058  
00:52:44,590 --> 00:52:41,300  
internet and if you would like to

1059  
00:52:47,980 --> 00:52:44,600  
support the skeptic zone hit 4ww skeptic

1060  
00:52:50,680 --> 00:52:47,990  
zone TV and follow the patreon PayPal

1061  
00:52:53,230 --> 00:52:50,690  
link but for this week all right you too

1062  
00:52:55,750 --> 00:52:53,240  
come on let's get you a dinner this is

1063  
00:53:05,410 --> 00:52:55,760

Richard Saunders signing off from Sydney

1064

00:53:08,110 --> 00:53:05,420

Australia you've been listening to the

1065

00:53:12,250 --> 00:53:08,120

skeptic zone podcast please visit our

1066

00:53:15,490 --> 00:53:12,260

website at WWF Tech's on TV for sure

1067

00:53:18,990 --> 00:53:15,500

nerds contacts and to access the bat

1068

00:53:21,670 --> 00:53:19,000

catalog of episodes going back to 2008

1069

00:53:24,940 --> 00:53:21,680

you can follow the skeptic zone podcast

1070

00:53:27,220 --> 00:53:24,950

on twitter at skeptic zone visit our

1071

00:53:28,110 --> 00:53:27,230

facebook page or leave a review on

1072

00:53:30,790 --> 00:53:28,120

itunes

1073

00:53:34,180 --> 00:53:30,800

you can also support the skeptic zone

1074

00:53:37,600 --> 00:53:34,190

via patreon or PayPal the skeptic zone

1075

00:53:39,280 --> 00:53:37,610

podcast is an independent production the

1076

00:53:41,440 --> 00:53:39,290

views and opinions expressed on the

1077

00:53:43,750 --> 00:53:41,450

skeptic zone are not necessarily those

1078

00:53:45,560 --> 00:53:43,760

of Australian skeptics or any other

1079

00:53:56,120 --> 00:53:45,570

skeptical organization

1080

00:53:59,819 --> 00:53:58,319

still look and here's something which

1081

00:54:03,059 --> 00:53:59,829

you won't put it is a sorry wasn't just

1082

00:54:03,930 --> 00:54:03,069

pouring vodka well that car thing be

1083

00:54:05,790 --> 00:54:03,940

rich you won't with that too